

# Brag sheet

## Family questionnaire for counselor letter of recommendation



Brag sheets are a way for you to help your counselor and teachers write letters of recommendation. These forms give them more insight into who you are outside of school and your interests. Fill out these forms, and share them with your counselor and teachers when you ask them for a letter of recommendation!

This form is for family members to fill out.

Complete this form to help your student's counselor write a letter of recommendation on their behalf. Keep in mind, the more specific the details you can give, the more personal and effective your student's recommendation will be. Anecdotes are very helpful.

**Student's first and last name**

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**Would you like to share a different first name that your student goes by?**

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**Name of person(s) completing this form**

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**Relation to student**

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**Your email address**

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**List three adjectives you would use to describe your student**

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**What makes your student unique?**

Consider sharing a characteristic or accomplishment that we might not know about or won't see on their academic or activity record.

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**List some activities your student enjoys.**

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**How do you view your student's academic progress up to this point?**

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**What do you believe to be your student's strengths (academic and personal)?**

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**What do you believe to be your student's weaknesses (academic and personal)?**

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**How does your student react to setbacks?**

Can you provide an example of a time your student overcame an obstacle or adversity and demonstrated strength, courage, or resiliency?

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**List any events or experiences you feel have significantly influenced your student.**

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**List any special circumstances that may affect where your student may apply/attend college.**

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**Additional information.**

Use this space to share any additional information about your student, including specific examples or stories that highlight your student's character. What hopes do you have for your student's college experience?

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**Thank you for taking the time to share this important information about your student!**

\* Thank you to the members of Common App's Counselor Advisory Committee and counselors around the world for contributing to this resource.